

Making **Lasting Relationships** a Reality

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DAPHNA LEVY

Author and Relationship Coach My Story

I did not know that the path of my life would lead me to become a relationship coach and author. Born in Israel, I was raised by a single mother in a humble home, yet surrounded by a warm and loving extended family. Warmth has nothing to do with money, that's for sure!

The first war in my life broke when I was just a year old, and others followed. I still remember the incredible tension that came with threats of bombing, news of casualties and the next impending war. Perhaps it was those experiences that made me ponder the meaning of life at an early age and fuelled my interest in classics such as *War and Peace*, *Gone with the Wind*, *Atlas Shrugged* and others when I was just ten years old.

Enriched by literary influences and life experience, I became increasingly interested in helping people transform their lives. I was only fourteen when I first volunteered to tutor two orphaned sisters raised by their widowed mother in underprivileged circumstances and did so for the next four years when mandatory military service took me elsewhere.





In kindergarten with Ronnie the teacher. She must have been special, I still remember her name!

While the war raged, the boot camp girls spent long days packaging food for soldiers on the frontline. To help boost morale, we were asked to enclose notes for the soldiers. I wrote five notes.

Throughout boot camp, I was deeply disturbed, as my boyfriend was in combat and had not been heard from in weeks. When he finally returned from battle, I discovered that one of my five notes had reached him! What are the odds?!

Following boot camp I volunteered to the IDF Teachers Corps and spent the next two years tutoring new immigrants on behalf of the military, helping them integrate into the culture. However, my commander hadn't told me that my duties would entitle a lot more than tutoring! Despite being eighteen, I became my students' confidant and inspiration. I knew everything about their spouses, children and family affairs; what troubled them and what brought them joy. Sometimes I'd show up to teach just to find that they had no plans for study. Instead, they had cooked for me and sought relief by sharing their latest woes. I loved my students, and they fuelled my passion for making a difference in people's lives.



Mom instilled volunteerism in me. Here, on a community project, circa 1964



My life experience had produced in me an irresistible urge to travel the world and find out more about people of all cultures and walks of life. So as a young IDF veteran, I rented a small room in the heart of Tel-Aviv and worked two jobs to save up for my travels. It was leaving home at a young age to meet challenges and fend for myself that built in me the confidence to backpack across Europe on my own for the following seven months, starting in Athens, Greece and ending in the United Kingdom.

I will never forget the Greek woman on a remote island who treated my sprained ankle after a hike. She didn't know my name nor did she ask for anything in return. She only knew I was in pain and needed help, and she cared for me as though I was her daughter. That was a lesson on kindness that is not taught in the highest academic institutions!

I remember the Australian sisters I met in Sicily who, after months of traveling together and fighting constantly, sought reprieve by having me join them. Or the group of friends I made in Austria, who would spend each morning "scoring" drugs in town while I roamed the picturesque city enjoying street musicians and my sobriety.

During my travels, I met someone. We fell in love and got married. Our marriage started hopefully. We were a loving couple that friends looked to as a model. But four years later, without forewarning, my husband announced that he had fallen in love with someone else. Shocked and heartbroken, I didn't think I would ever recover.

It is through adversity that one discovers one's true strength. I overcame and moved on. Driven by the urge to make a difference, I started helping others to make the right relationship choices, build and preserve their love. This was the start of becoming a relationship coach. In 1986, having traveled the world, lived and studied on three continents, I made California my home and established my coaching and consulting practice, which remains my focus and passion to this day. I also married my native-Los Angeleno husband, Robert, with whom I have enjoyed a strong and loving marriage.

Years of coaching experience (life coaches and relationship coaches) taught me that most relationship failures start with picking the wrong match. That's why I dedicated my first book, **PICKING RIGHT, The Single's Guide to Finding the Right Match**, to the subject of choosing the right partner. And why I am under the title of, "Relationship coach," as I care about helping and nurturing relationships, from before you find the right match, to sustaining a lasting marriage.



In studio, hosting my live radio show some years back

I had no interest in writing a "pickup guide" or in giving "dating advice." Through my personal experience, I knew that to avoid pain or tragedy, people need practical



Robert and I on our 29th wedding anniversary, December '15

manages and helps marriages become what they deserve. Many couples who have never hoped to overcome. I love my clients, and there is nothing I'd rather do than help them transform, enhance and elevate their lives!

I am currently working on my upcoming book, ***KEEPING IT RIGHT, The Lost Art of Being a Couple***. We all know it takes work to keep love alive, but *how* is it done? This book answers this very question and makes lifelong love an attainable goal for anyone. It puts my career as a relationship coach in full circle and I know, will guide those desiring love and a lasting companion, into reality.

How can I help you?

Call (626) 888-7759

Think, "Life Coach near me" and I can help in person, or through Skype.

FIRST NAME

LAST NAME

PHONE

EMAIL

WHAT WORRIES YOU THE MOST?

IF YOU COULD CHANGE ONE THING IN YOUR LIFE, WHAT WOULD IT BE?

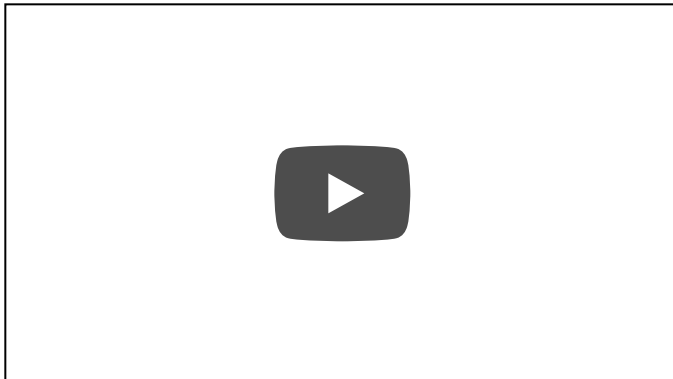
DO YOU BELIEVE PEOPLE COULD BE HELPED?

Select:

WHAT WOULD YOU MOST LIKE TO CHANGE OR IMPROVE ABOUT YOUR RELATIONSHIPS?

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My coaching philosophy

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March 4, 2012

Daphna Hernandez is a very caring person trying to help people lead successful lives, in the person's own estimation. In person, I have always found her to be ... [See More](#)

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Fwy

424 N Lake Ave, Ste 303
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 TheSecretsOfHappilyEverAfter.com

 Personal Coach

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Relationship Coach Daphna Levy-Hernandez


October 18 ·

News Flash!

I have just opened a second office in [#Bakersfield](#), [#California](#). "Visit" it with this video and let me know what you think. 😊



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September 8 ·

A FREE Offer from My Colleague Rachelle





A FREE Offer from My Colleague Rachelle

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Narconon Suncoast Welcomes Renowned Relationship Coach for Weekend Seminar

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June 29 ·

Hope you enjoy my videos! Click to watch read the news. 😊



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its troubled relationships.

Happy Father's Day to all fathers, and to the many fathers who make it go right no matter what!



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SALE THE DAY

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Author Signing
Daphna Levy
Thursday, June 8th at 7:00 PM

PICKING RIGHT

Proceeds from the signing will go to support the Kern Literacy Council. Just mention the Bookfair when you make your purchase and a percentage of the sale will go to support Kern Literacy.

The author is offering a complimentary half-hour relationship consultation by phone to all who attend in person.

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Author Signing with **Daphna Levy** supporting **Kern Literacy Council**
Thursday, June 8th at 7 PM
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Bookfair ID 12166062

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Picking Right

June 2 ·

Stop by my book signing table at [#Barnes&Noble](#) [#Bakersfield](#) Thursdays June 8, 7-10 p.m. to be eligible for a FREE half-hour phone consultation about relationshi...

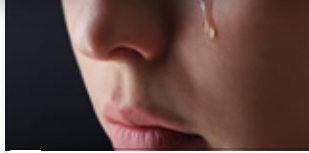
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Relationship Coach Daphna Levy-Hernandez shared [Daphna Levy-Hernandez's post](#).

June 3 ·

Did you know that marrying for "love" is a mistake? Read my article and let me know your thoughts.



Daphna Levy-Hernandez

May 31 · MicroBlogger ·

<https://www.theseecretsofhappilyeverafter.com/.../marrying-lo.../>



Why Marrying for Love Is a Mistake – Daphna Levy | The Secrets of Happily Ever After

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June 1 ·

<https://www.thesecretsofhappilyeverafter.com/.../are-you-was.../>

Are You Wasting Yourself on the Wrong Person? – Daphna Levy | The Secrets of Happily Ever After

Moms don't like to see their daughters (or sons) unhappy in their relationships. That was the reason one mom bought my book PICKING RIGHT: The Single's Guide to Finding the...

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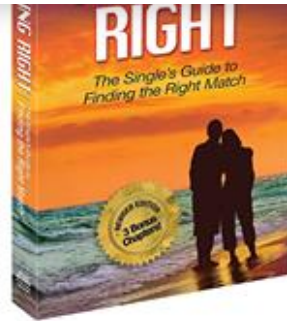
**Relationship Coach Daphna Levy-Hernandez**

May 4 ·

Do you need some helpful relationship tips? Not only romantic, but also social and professional? If you do, then try my FREE relationship course on [PickingRight.com](#). And please, write me back with your feedback. I am very interested! 😊

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New Course Reveals How to Build Winning Relationships That Lead to Success in Life

PASADENA, Calif., May 2, 2017 /PRNewswire/ -- Relationship expert Daphna Levy launched a free relationship course...

PRNEWswire.COM

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Nana Stonzy, [Relationship Coach Daphna Levy-Hernandez](#) and Eugenia May-Montt like this.



Relationship Coach Daphna Levy-Hernandez

April 15 ·

My relationship advice (a fraction of it) is quoted in this article (points 10 &

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11 Signs Your Relationship Isn't Actually Toxic, Even Though Some People Say It Is

Since there's no such thing as a "perfect" relationship, there's likely someone in your life who finds fault with yours. It might be a well-meaning friend, your mom, or a...

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March 31 ·

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Now it's easier to call Relationship Coach Daphna Levy-Hernandez.

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Rawaa Hadid likes this.



Relationship Coach Daphna Levy-Hernandez

March 27 ·

Here's the link to my LIVE radio interview tomorrow at noon (PDT), with Host Jean Power. We'll be giving my book as a gift (in Kindle or e-book format) to anyone who calls to talk to us. So call us with your questions and comments - it will be fun! 😊 The number to call is 347-857-2052.

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**Relationship Coach Daphna Levy-Hernandez**

March 26 ·

Tune in to my radio interview LIVE. Receive a GIFT: my book PICKING RIGHT (in Kindle or e-book format) just for calling in and discussing your comments or questions with us.



Listen Live - Tue 3/28, Noon PDT

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